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Cover: photo taken at Abhayagiri Buddhist Monastery, California, USA

The monthly Dhamma reflections are adaptations of transcribed and translated teachings contained in *The Collected Teachings of Ajahn Chah*, available for download at www.forestsangha.org

Appreciation is expressed to all who have offered assistance with this production.

You can browse this calendar on your mobile browser at: cal.forestsangha.org

**LUNAR OBSERVANCE DAYS**

These days are devoted to quiet reflection at the monastery. Visitors may come and take the precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar calendar are determined by traditional methods of calculation, and are therefore not always the same as the precise astronomical occurrences.

**THE MAJOR FULL MOON DAYS FOR 2023 / 2566**

*Māgha Pūjā* · March 6 ('Sangha Day')
Commemorates the spontaneous gathering of 1250 arahants to whom the Buddha gave the exhortation on the basis of the Discipline (*Ovāda Pāṭimokkha*).

*Vesākha Pūjā* · June 3 ('Buddha Day')
Commemorates the birth, enlightenment and passing away of the Buddha.

*Āsāḷhā Pūjā* · August 1 ('Dhamma Day')
Commemorates the Buddha's first discourse, given to the five *samaṇas* in the Deer Park at Sarnath, near Varanasi. The traditional Rainy-Season Retreat (*Vassa*) begins on the next day.

*Pavāraṇā Day* · October 29
This marks the end of the three-month *Vassa* retreat. In the following month, lay people may offer the *Kaṭhina*-robe as part of a general alms-giving ceremony.

**WEB ADDRESS FOR THIS FOREST SANGHA COMMUNITY**

www.forestsangha.org

Calendar design & production by Aruno Publications
Aruna Ratanagiri Buddhist Monastery
www.ratanagiri.org.uk

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If you are mindful you'll be at ease. Put happiness to one side, suffering to the other side. Remain in the middle without letting the mind go in either direction.
Please work together, cooperate and live in harmony.
Let this harmony be your legacy.

February

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2023/2566

Feb 5  ○  15 days  Hemanta  6/8
Feb 19 ●  14 days  Hemanta  7/8
Giving means bringing happiness to others. It is one of those conditions which help to cleanse the heart from defilement.
Whether we are in a car or aboard a boat, wherever we go, if we haven't reached our true home, we will feel as if we have unfinished business to take care of.

April

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*Apr 13: South Asian New Year

2023/2566

Apr 5  ○  15 days  Gimha  2/10
Apr 19  ○  14 days  Gimha  3/10
Try to practise consistently. See the disadvantages of practising insincerely and inconsistently, and sustain a sincere continuous effort. Just this much.
As morality becomes purer, it helps with developing concentration. When concentration is firmly established, it helps with the arising of wisdom.
If I say a fruit is delicious, you should note my words, but do not believe me until you taste it. The same is true for my teachings.
Try not to rush your practice.
Meditate gently and gradually, step by step.

August

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*Aug 1: Āsāḷhā Pūjā
*Aug 2: First Day of Vassa

2023/2566

Aug 1 ③ 15 days  Gimha 10/10
Aug 16 ③ 15 days  Vassāna 1/8
Aug 31 ③ 15 days  Vassāna 2/8
Whether we sit under a tree, in a valley, or on a mountain top, we can hear the Buddha’s teaching. All beings will be as one. They arise, exist for a while, age and then die.
There's no need to complicate matters.
Learn to live together in harmony and help each other out.
Know what is right and what is wrong.
If we encounter pleasure we feel happy. If we encounter pain we feel unhappy. Can we view like and dislike as having equal value? Measure yourself against this standard.
The priority is to set the wheels of practice in motion, creating causes for future liberation. If you've done the work, there's no need to worry about results.
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<tr>
<th>Date</th>
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<tr>
<td>Jan 16</td>
<td>Ajahn Chah Memorial Day</td>
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<td>Mar 6</td>
<td>Māgha Pūjā</td>
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<td>Apr 13</td>
<td>South Asian New Year</td>
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<tr>
<td>Jun 3</td>
<td>Vesākha Pūjā</td>
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<td>Jun 17</td>
<td>Ajahn Chah’s Birthday</td>
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<td>Aug 1</td>
<td>Āsāḷhā Pūjā</td>
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<td>Aug 2</td>
<td>First Day of Vassa</td>
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<td>Oct 29</td>
<td>Pavāranā</td>
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<tr>
<td>January</td>
<td>Abhayagiri Monastery, California, USA</td>
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<td>February</td>
<td>Aruna Ratanagiri Monastery, Northumberland, UK</td>
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<td>March</td>
<td>Luang Por Pasanno, Abhayagiri Monastery, California, USA</td>
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<td>April</td>
<td>Near Sumedhara Monastery, Portugal</td>
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<tr>
<td>May</td>
<td>Amaravati Monastery, Hertfordshire, UK</td>
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<td>June</td>
<td>Amaravati Monastery, Hertfordshire, UK</td>
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<tr>
<td>July</td>
<td>Ajahn Jayanto, Temple Monastery, New Hampshire, USA</td>
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<td>August</td>
<td>Wat Pah Nanachat, NE Thailand</td>
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<td>September</td>
<td>Monks from Abhayagiri Monastery, California, USA</td>
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<td>October</td>
<td>Aruna Ratanagiri Monastery, Northumberland, UK</td>
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<td>November</td>
<td>Sumedhara Monastery, Portugal</td>
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<td>December</td>
<td>Luang Por Chah Chedi, Wat Nong Pah Pong, NE Thailand</td>
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Western disciples of Ajahn Chah

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