



Forest Sangha  
Calendar  
2010/2553

This 2010 calendar features pictures by a variety of photographers.  
We are grateful for their generous contribution:  
Andrew Binkley (Jan., Feb., June, July, Sept., Oct., Dec.)  
Tu Montri Sirithampiti (March, April, Aug., Nov.)

Scriptural quotes on each page are English renderings of texts from the Pali Canon.  
The translations are extracts from the Dhammapada interpretation:  
"A Dhammapada for Contemplation" Second Edition (2006 © Aruna Pubs).  
(For full or literal translations please refer to other works)

Appreciation is expressed to all who have offered assistance with this production.

LUNAR OBSERVANCE DAYS ● ◐ ◑ ○

These days are devoted to quiet reflection at the monastery. Visitors may come and take the Precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar calendar are determined by traditional methods of calculation, and are not always the same as the precise astronomical occurrences.

#### THE MAJOR FULL-MOON DAYS OF 2010-2553/54

*Magha Puja* February 28 ('Sangha Day')

Commemorates the spontaneous gathering of 1250 *arahants*, to whom the Buddha gave the exhortation on the basis of the discipline (*Ovada Patimokkha*).

*Vesakha Puja (Wesak)* May 28 ('Buddha Day')

Commemorates the birth, enlightenment and passing away of the Buddha.

*Asalha Puja* July 26 ('Dhamma Day')

Commemorates the Buddha's first discourse, given to the five *samanas* in the Deer Park at Sarnath, near Varanasi. The traditional Rainy-Season Retreat (*Vassa*) begins on the next day.

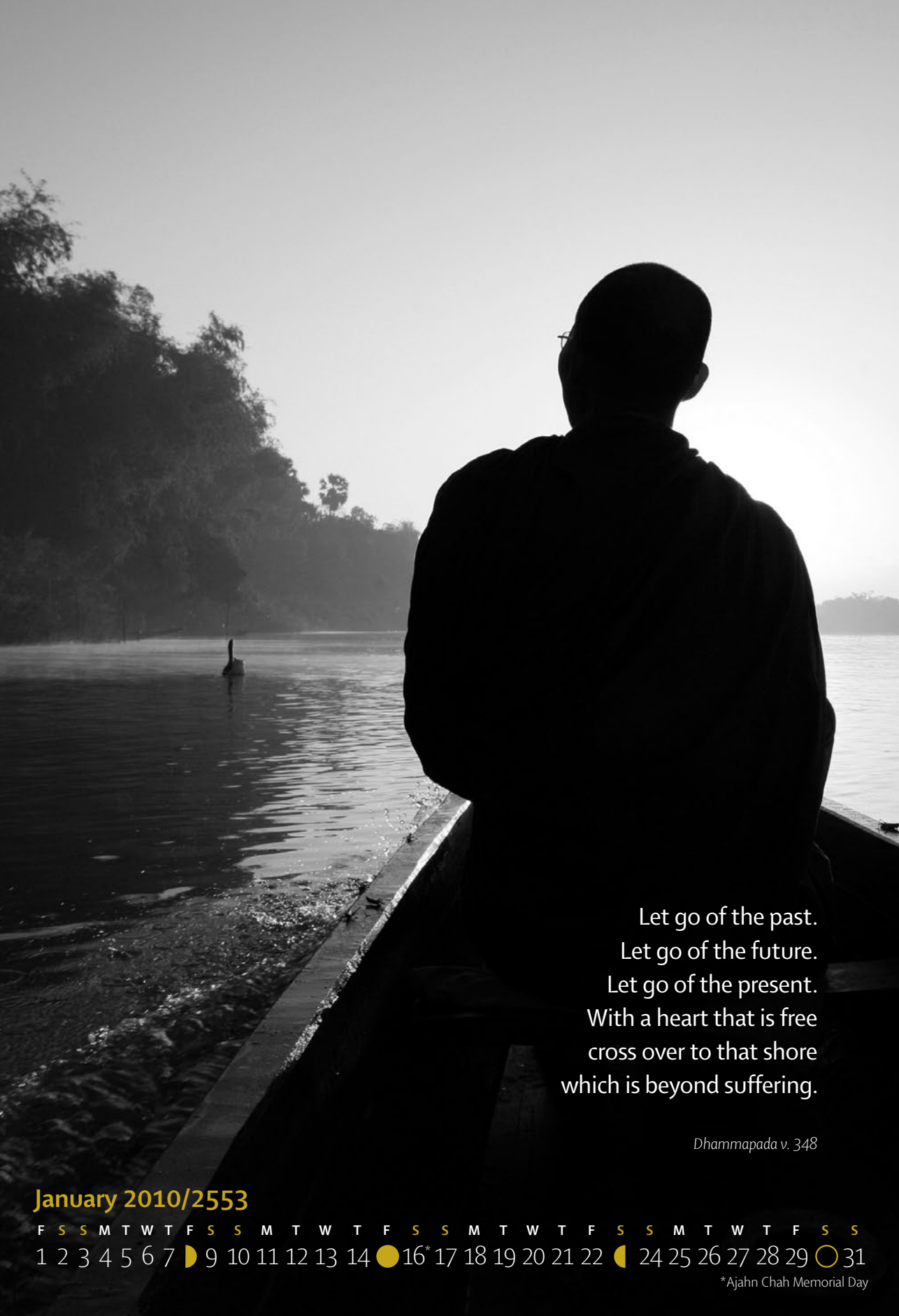
*Pavarana Day* October 23

This marks the end of the three-month *Vassa*-retreat. In the following month, lay people may offer the *Kathina*-robe as part of a general alms-giving ceremony.

#### WEB ADDRESSES FOR THIS FOREST SANGHA COMMUNITY

[www.forestsangha.org](http://www.forestsangha.org)  
[www.fsnewsletter.org](http://www.fsnewsletter.org)  
[www.dhammathreads.org](http://www.dhammathreads.org)  
[www.dhammatalks.org.uk](http://www.dhammatalks.org.uk)

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Let go of the past.  
Let go of the future.  
Let go of the present.  
With a heart that is free  
cross over to that shore  
which is beyond suffering.

*Dhammapada v. 348*

**January 2010/2553**

F S S M T W T F S S M T W T F S S M T W T F S S  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16\* 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

\*Ajahn Chah Memorial Day



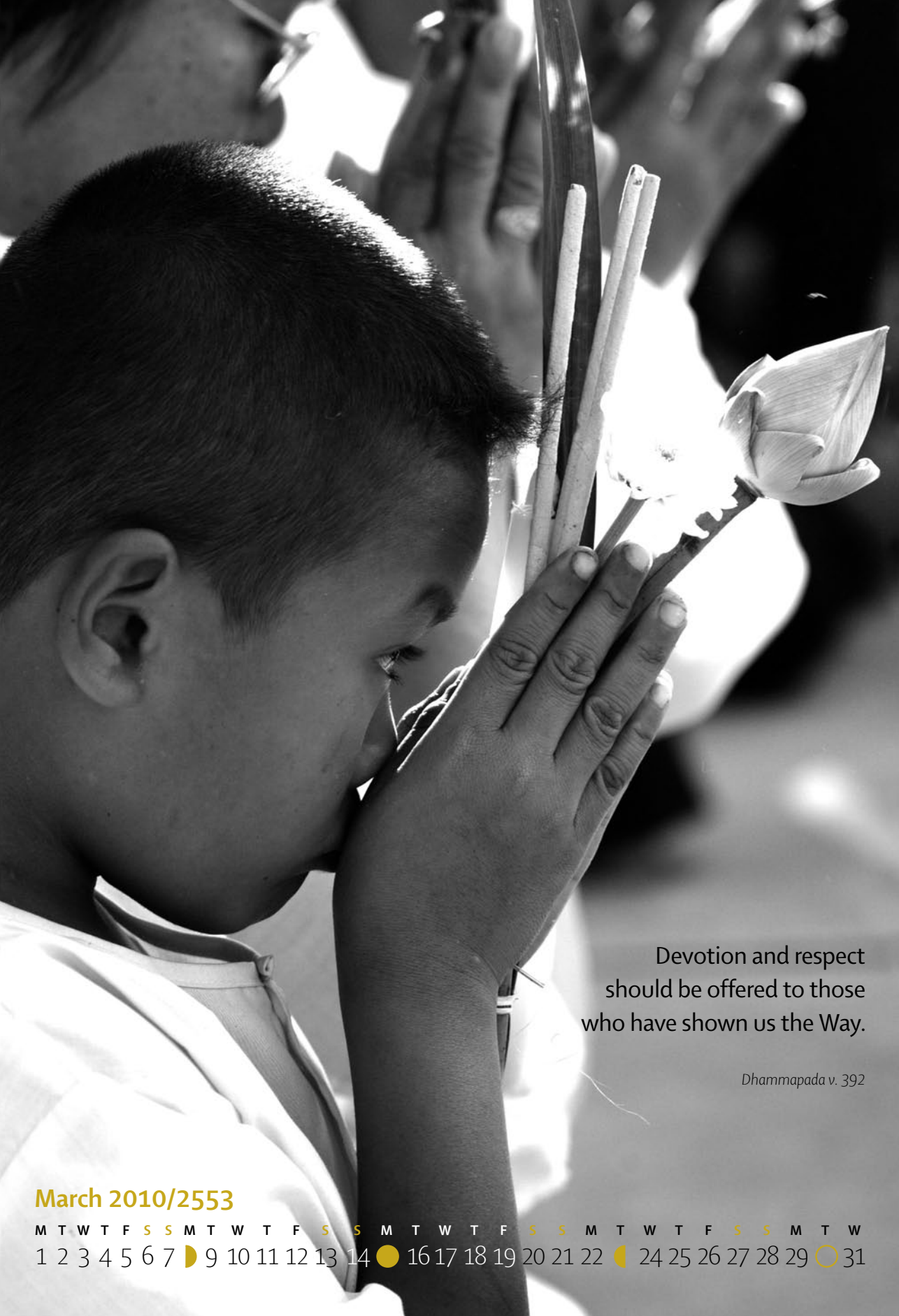
It is hard to find a being of great wisdom;  
rare are the places in which they are born.  
Those who surround them when they appear  
know good fortune indeed.

*Dhammapada v. 193*

**February 2010/2553**

M T W T F S S M T W T F S S M T W T F S S  
1 2 3 4 5 6 ☽ 8 9 10 11 12 ● 14 15 16 17 18 19 20 ☾ 22 23 24 25 26 27 \*

\*Magha Puja

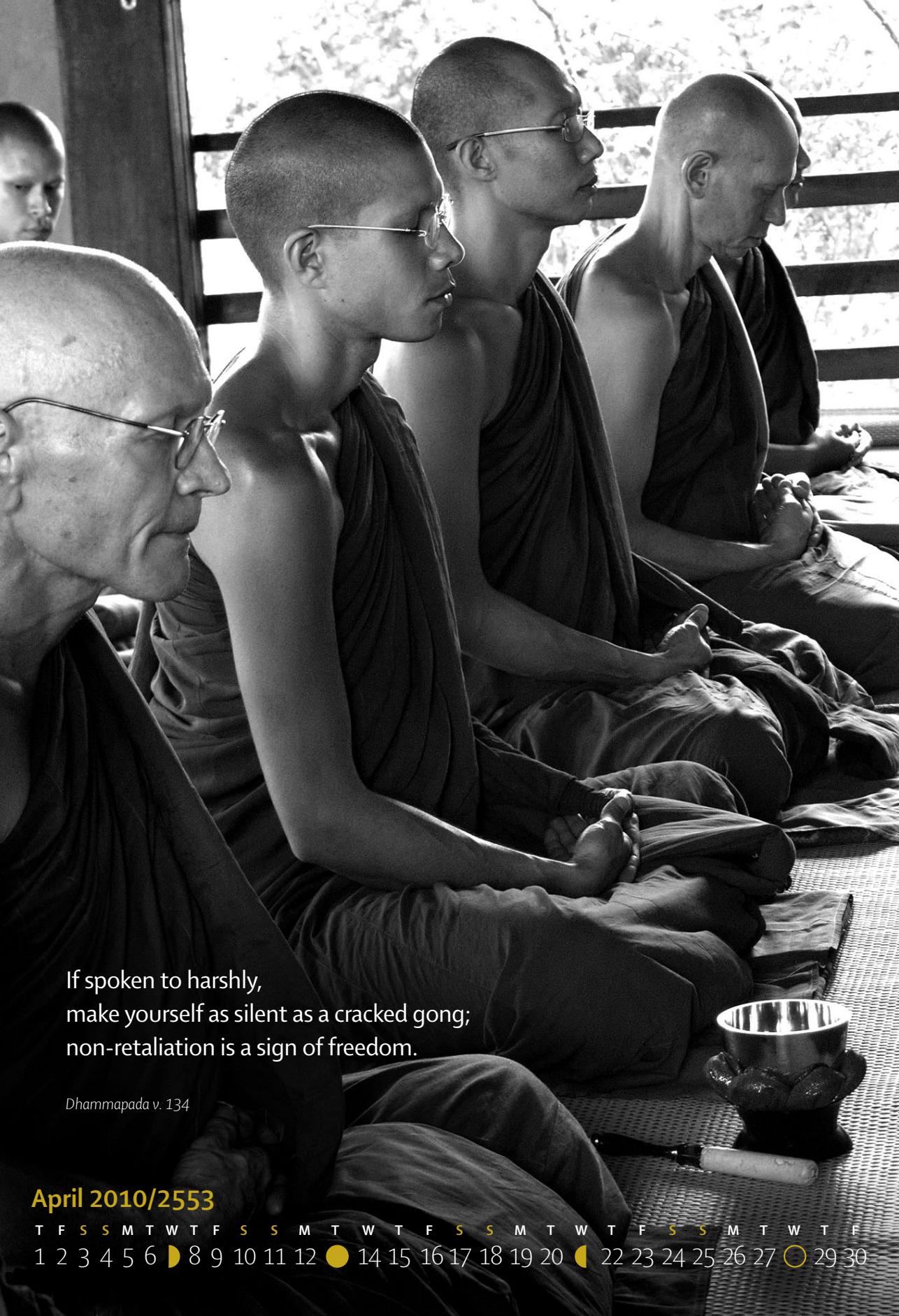


Devotion and respect  
should be offered to those  
who have shown us the Way.

*Dhammapada v. 392*

**March 2010/2553**

M T W T F S S M T W T F S S M T W T F S S M T W  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



If spoken to harshly,  
make yourself as silent as a cracked gong;  
non-retaliation is a sign of freedom.

*Dhammapada v. 134*

**April 2010/2553**

T F S S M T W T F S S M T W T F S S M T W T F  
1 2 3 4 5 6 8 9 10 11 12 14 15 16 17 18 19 20 22 23 24 25 26 27 29 30



Having a heart at peace,  
pure, contained,  
awake and blameless,  
distinguishes a Wayfarer...

*Dhammapada v. 142*

**May 2010/2553**

S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

\*Vesakha Puja

Bale out the water from your boat;  
cut loose from the defiling passions  
of lust and hatred;  
unencumbered, sail on  
towards liberation.

*Dhammapada v. 369*

June 2010/2553

T W T F S S M T W T F S S M T W T F S S M T W T F S S M T W  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

\*Ajahn Chah Birthday



True contemplation leads to wisdom;  
without contemplation wisdom wanes.  
Recognise how wisdom is cultivated and destroyed,  
and walk the Way of increase.

*Dhammapada v. 282*

July 2010/2553

T F S S M T W T F S S M T W T F S S M T W T F S  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27\* 28 29 30 31

\*Asalha Puja \*Vassa begins



All states of being are determined by mind.  
It is mind that leads the way.  
As surely as our shadow never leaves us,  
so well-being will follow when we speak or act with a pure state of mind.

*Dhammapada v. 2*

**August 2010/2553**

S M T W T F S S M T W T F S S M T W T F S S M T  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Those who are energetically  
committed to the Way,  
who are pure and considerate in effort,  
composed and virtuous in conduct,  
steadily increase in radiance.

*Dhammapada v. 24*



September 2010/2553

W T F S S M T W T F S S M T W T F S S M T W T  
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

While in the midst of those who are greedy,  
to dwell free from greed  
is happiness indeed.

*Dhammapada v. 199*



October 2010/2553

F S S M T W T F S S M T W T F S S M T W T F S S  
☾ 2 3 4 5 6 7 ● 9 10 11 12 13 14 15 ☾ 17 18 19 20 21 22 \* 24 25 26 27 28 29 30 ☾

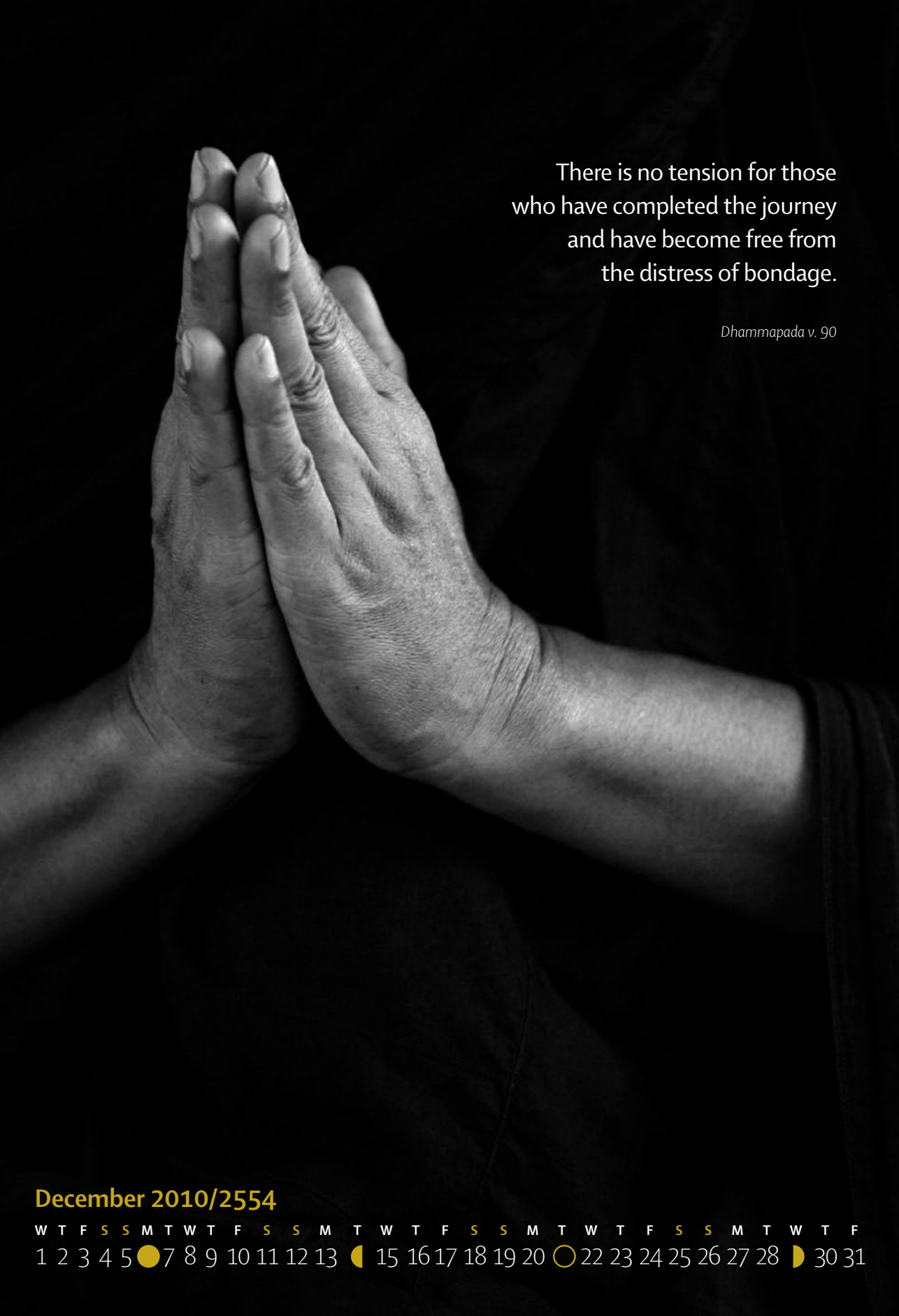
\*Pavarana

If, while still young and strong,  
you procrastinate when you should act,  
indulging in heedless fantasies,  
the Way and its wisdom  
will never become clear.

*Dhammapada v. 280*

November 2010/2553-54

M T W T F S S M T W T F S S M T W T F S S M T  
1 2 3 4 5 ● 7 8 9 10 11 12 13 ☾ 15 16 17 18 19 20 ○ 22 23 24 25 26 27 28 ☽ 30



There is no tension for those  
who have completed the journey  
and have become free from  
the distress of bondage.

*Dhammapada v. 90*

December 2010/2554

W T F S S M T W T F S S M T W T F S S M T W T F  
1 2 3 4 5 ● 7 8 9 10 11 12 13 ◐ 15 16 17 18 19 20 ○ 22 23 24 25 26 27 28 ◑ 30 31

## ASSOCIATED MONASTERIES

Western disciples of Ajahn Chah

The portal page for this community worldwide is:

[www.forestsangha.org](http://www.forestsangha.org)

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